

Food & Nutrition Services

DCPS Eats! Winter Menu (ECE)

For the weeks of:

Nov 22-26

Dec 13-17

Jan 3-7 Jan 24-28

Feb 14-18

Mar.7-11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Yogurt w/ Homemade Granola Pineapple Tidbits Lunch: Chicken Fried Rice Vegetarian Fried Rice Asian Green Beans Peach Cups	Breakfast: Zucchini Bread Peach Cups Lunch: Chicken Tacos Black Bean Tacos Mexicali Corn Pineapple Tidbits	Breakfast: Cereal Pineapple Tidbits Lunch: Chicken Sandwich Black Bean Burger Wrap Local Cucumber Slices Fresh Bananas	Breakfast: Turkey Ham, Egg, & Cheese Biscuit Nutri-grain Bar w/Cheese Stick Applesauce Cup Lunch: Black Bean Burger BBQ Baked Beans Local Apple Slices	Breakfast: Cereal Local Apple Slices Lunch: Homemade Cheese Pizza Sweet Potato Wedges Fresh Banana

Student's Choice of Low Fat or Fat Free Milk is provided at each meal Daily Condiments Offered: Ketchup, Mustard, Mayo, Go-Go Sauce, Ranch, Honey Mustard, and Italian Dressing

 $This \ institution \ is \ an \ equal \ opportunity \ provider. \ Menus \ subject \ to \ change \ based \ on \ product \ availability.$



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DCPS Eats! Winter Menu (ECE)

For the weeks of:

Nov 8-12

Nov 29-Dec 3

Dec 20-24

Jan 10-14 Jan 31- Feb 4

Feb 21-25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Eggo® Mini Waffles	Breakfast: Cereal	Breakfast: Zucchini Bread Slice	Breakfast: Cereal	Breakfast: Assorted Muffins
Pineapple Tidbits	Fresh Bananas	Diced Pears	Fresh Banana	Applesauce Cup
Lunch: Chicken Chipotle Bowl Vegetarian Chipotle Bowl Mexicali Corn Peach Cups	Lunch: Cheeseburger Black Bean Burger Tater Tots Fresh Apple Slices	Lunch: Sunbutter & Jelly Sandwich Local Cucumber Slices Fresh Banana	Lunch: Teriyaki Chicken Teriyaki Tofu Fried Rice Asian Green Beans Peach Cups	Lunch: Homemade Cheese Pizza Garlic & Herb Broccoli Fresh Orange Slices

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Food & Nutrition Services

DCPS Eats! Winter Menu (ECE)

For the weeks of:

Nov 15-19

Dec 6- 10

Dec 27-31

Jan 17-21

Feb 7-11 Feb 28-Mar 4

Mar 21-25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Eggo® Mini Pancakes Local Apple Slices Lunch: Grilled Cheese Sandwich BBQ Baked Beans Fresh Orange Slices	Breakfast: Bagel w/Cream Cheese Peach Cups ————————————————————————————————————	Breakfast: Egg & Cheese Biscuit Fresh Banana Lunch: Chicken Philly Sandwich Black Bean Burger Potato Wedges Peach Cups	Breakfast: Cereal Pineapple Tidbits Lunch: Baked Rotini Garlicky Broccoli Applesauce	Breakfast: Homemade Apple Butter w/ Freshly Baked Biscuit Local Apple Slices Lunch: Homemade Cheese Pizza Sweet Potato Wedges Pineapple Tidbits

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